



## Video Abstract Presentation Guidelines

- Abstracts submitted for the video presentation type should be submitted as a written abstract, with the video file to be submitted at a later date, after the abstract has been reviewed and accepted into the program.
- **Guidelines for video submissions:**

All accepted video presentations will be used in video sessions at the USANZ 2025 ASM. Video presentations will be 7 minutes long (5 minutes for the presentation (with most or all this incorporating the video), and 2 minutes for discussion.

The abstract submitter will be required to ensure that the highest video quality is submitted for the meeting, with a review to be undertaken on all videos submitted to ensure adherence to the required criteria.

Technical guidelines:

- Video files to be submitted in HD format, with the dimensions 1920x1080 (1080p) preferred.
- Frame rate: When compressing your video please maintain the video's native frame rate. If the video footage exceeds 60 frames per second the ASM 2025 technical team may automatically reduce the frame rate. It is recommended to choose 'constant' frame rate instead of 'variable' frame rate.
- For tips on how to export a video from editing software, visit Vimeo's reference guide for exporting sequences from various different software vendors at <https://vimeo.zendesk.com/hc/en-us/articles/360056550451-Video-and-audio-compression-guidelines>
- Bit Rate: If your video editing software gives you the option, select "variable" and select a minimum bit rate between 2,000kb/s – 25,000kb/s depending on file resolution
- The accepted file types for the USANZ ASM video presentations are .MP4 or .MOV